

JUNIOR WAVERLEY FALCONS

PARENT HANDBOOK

2023



















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INTRODUCTION

The Waverley Falcons were formed in 1982 as the representative arm of Waverley Basketball Association (WBA). Junior teams compete in Basketball Victoria's (BV) elite level competition in metropolitan Melbourne. The WBA's senior teams compete in the Big V League (formerly the Victorian Basketball League (VBL) and NBL1.

Over the past few years, we have seen the club grow from strength to strength. We have seen our senior program become a part of the NBL1 and our junior teams grow in numbers. This information guide will help explain the world of representative basketball for new families and reinforce the message to those who have been with us for a while.

PROGRAM OBJECTIVES / GOALS

The Waverley Falcons aim to achieve the following goals / objectives for everyone involved within the club:

- Health and Fitness of our athletes
- Good Sportsmanship
- Highly successful/ competitive teams
- Putting in place quality coaches
- Player development
- Player progression
- Coaching development
- Enjoyment of the game



















WHAT IS REPRESENTATIVE BASKETBALL

The VJBL (Victorian Junior Basketball League) is the junior representative elite competition here in Victoria. Our teams compete in this League as the Waverley Falcons and play against other Victorian Associations on a Friday Night.

Our representative program is for athletes who want to develop their skills and knowledge of the game. Our program allows athletes to be coached by some of the up and coming and experienced coaches we have in the program.

Waverley Basketball Association conducts an extensive tryout phase where if players are successful they are selected in a Waverley team to play in the VJBL Competition.

There are three main phases to a VJBL season:

- 1. TRYOUTS Usually held on the first Sunday in October and take place over three sessions, athletes who perform the best are then selected to represent the club
- 2. GRADING The Grading phase commences in November and runs till March. This is where the team play games to determine which division they play in for the season
- 3. REGULAR SEASON (AND FINALS)— Takes place over 18 home and away games plus finals. This runs from March to September.

There are two levels of competition:

- VC (Victorian Championship) The highest level in Victoria where the best 20 teams play the championship season
- VJL 1-10 (Division 1-10 under VC)











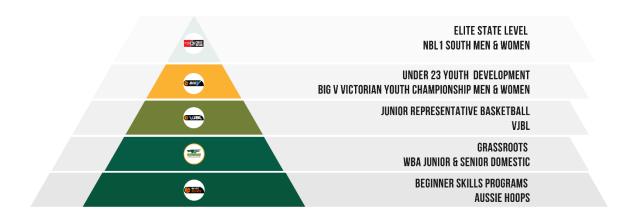








PLAYING PATHWAYS



PLAYER EXPECTATIONS

- Attend all training sessions
- Attend team tournaments throughout the year
- Arrive to training 10 minutes prior to session's commencement and be ready to go on time
- Be at all games 30 minutes early
- Communicate with coaches and team managers if can't make trainings, games etc...
- Show good sportsmanship on the court at all times
- Be respectful to all team mates, coaches and volunteers
- Adapt to different coaches styles and methods
- Represent the club in the correct manor before, during and after games.





















PLAYING TIMES AND VENUES

Matches are played on Friday nights ranging from a 6:40pm start for the younger age groups (very occasionally a 6.00pm start may be scheduled) through to a 9:40pm start for the older age groups. Venue locations will vary from week to week, however, every team is guaranteed an equal number of games played either at home, away or at neutral venues. To assist families with multiple children car-pooling with other teammate is a common solution and proven very successful.

VJBL WEEKLY TEAM SHEET COSTINGS

Each week there will be a team sheet fee for all teams on a Friday night. This fee is a lump sum for the entire team and includes spectators. There will be no entry fee for spectators on top of this fee.

The below team sheet fees will be in effect for the 2023 season including grading.

60 Minute Schedule - Remaining at \$125

80 Minute Schedule – Increased to \$150, to help with the extra court hire and referee costs.

The Entry fees for the Grading and Championship season are still being discussed and will be released with the Grading Entry forms next week.



















TRAINING AND GAME DAY ATTENDANCE

Training sessions are conducted on Sundays, and are typically 90 minutes in duration. The Coaching Director will advise which teams are offered a second session. These sessions will be conducted during the week at no extra cost to the athletes if Waverley courts are available. These teams are initially allocated to the higher ranked teams.

All players should arrive at training, ready to start at their allocated time. This means if training is at 10:00am then you start at 10.00am, and not arrive at 10.00am.

Only our 1st and 2nd sides will train two training sessions a week due to court availability. If more courts become available, we will get more teams training twice.

Generally, coaches require players to arrive to the game, approximately 30 minutes before tip-off. This allows sufficient time for players to familiarise themselves with the venue, prepare for competition with a warm up, and time for the coach to address the team.

It is important that the coach and/or team manager are advised immediately if a player is sick or injured, and unable to play/train. The earlier the coach is informed, the earlier the coach can adjust game or training plan.

For the coach to hear that a player is unavailable via another player just before tip-off is unfair and unacceptable.

TOURNAMENTS

The Waverley Falcons compete in tournaments as part of their development plan. The only compulsory tournament is our tournament the SEJBT Tournament over Labour Day Weekend. Players will need to make themselves available to play. Other tournaments coaches may elect to participate in include:

- National Junior Classic (By Invitation Only) Queens Birthday weekend
- Melbourne Tigers Tournament June / July holidays
- Nunawading Tournament Queens Birthday
- Norwood Easter Classic (Adelaide) Easter
- Southern Peninsula Basketball Association Annual Junior Tournament November

All tournaments are fully funded by each individual teams.





















SCORING

Scoring is all done electronically through a program called Play HQ.

Here is a link to the video scoring guide:

https://www.facebook.com/watch/?v=201088738190713

REGISTRATION FEES

Fees for 2022/2023 season are listed below. All fees are now paid upon Registration through Play HQ. If you are unable to pay fees by the required date, please call the DOC/DM Elias Palioyiannis to discuss other payment options on 9807 9814.

JUNIOR MEMBERSHIP FEES

One Child \$520

Two Children from the same family \$500 each
Three or more from the same family \$480 each

Fees include:

- Coaching
- Registration
- Training and court hire

Fees do NOT include:

- Weekly Score Sheet or Game Fee Payments
- Venue Entry Fees
- Outside Venue Hiring for Training
- Tournaments



















UNIFORMS

The 2022/23 season sees our club bring in brand new uniforms. Unlike past seasons, every player selected will be required to purchase a uniform pack. There are three options to choose from. It is compulsory that one of the below packs are purchased by all athletes.













*Please note, that players won't be able to select their playing numbers. Playing numbers will allocated via odd and even years of birth and alphabetical order. There will be a uniform fitting day in October. Date TBA.



















CONFLICT RESOLUTION

Basketball is no different to any aspect of life, and there will be conflict from time to time. Conflict should be held in the following manner:

- Wait until the next day or training session if there is an issue. Please don't approach
 the coach straight after a game
- Have conversations away for the team and other parents
- Both sides have to be willing to listen to what is being said
- If you have an issue, please approach the coach early so the issue doesn't escalate

If any parent at all has issues, please know that if you approach the coach or team manager regarding the situation it will not affect your child's court time. As a club or coach, we don't know there is an issue until it is presented. All of our coaches are volunteers and have the best interest of all athletes in the program.

If a resolution cannot be reached through your team manager and coach, please contact the Coaching Director Elias Palioyiannis

PLAYING TIME

Representative Basketball is the elite competition in Victoria for our junior athletes. We don't operate the same as our Domestic Competition. If you are successful here at Waverley in making one of our Representative teams, there is no guarantee of court time to any of our athletes.





















CODE OF CONDUCT

We abide by the Basketball Victoria code of conduct.

Here is a link to the current codes of conduct:

https://www.basketballvictoria.com.au/cdn/byuip6j02lssg4ok

This link includes the following:

- Administrators Code of Conduct
- Coaches Code of Conduct
- Players Code of Conduct
- Parent Code of Conduct
- Officials Code of Conduct



















VJBL CALANDER

| 2022/2023 CALENDAR | | | | | |
|---|------------------------------|-------------------------------|-------------|-------------|--|
| DATE | GRADING PHASE ONE | | | NOTES | |
| Friday, 18 November 2022 | 1 | Round One (except Under 20's) | | | |
| Friday, 25 November 2022 | Round [*] | Round Two (except Under 20's) | | | |
| Friday, 2 December 2022 | Round T | | | | |
| Friday, 9 December 2022 | | | | | |
| Friday, 16 December 2022 | Make | | | | |
| Friday, 23 December 2022 | | | | | |
| Friday, 30 December 2022 | | | | | |
| Friday, 6 January 2023 | SCHOOL HOLIDAYS | | | | |
| Friday, 13 January 2023 | | | | | |
| Friday, 20 January 2023 | | | | | |
| Friday, 27 January 2023 | | | | | |
| | GRADI | NG PHAS | E TWO | | |
| Friday, 3 February 2023 | GRADING PHASE TWO Round One | | | | |
| Friday, 10 February 2023 | Round Two | | | | |
| Friday, 17 February 2023 | | Round Three | | | |
| Friday, 24 February 2023 |) | -Over Round On | e | | |
| Triddy, 211 Cordary 2020 | VC (12-18) | ALL (20) | VJL (12–18) | | |
| Friday, 3 March 2023 | BYE | X-Over 2 | X-Over 2 | | |
| Friday, 10 March 2023 | 1 | X-Over 3 | 1 | | |
| Friday, 17 March 2023 | 2 | 1 | 2 | | |
| Friday, 24 March 2023 | 3 | 2 | 3 | | |
| Friday, 31 March 2023 | 4 | 3 | 4 | | |
| Friday, 7 April 2023 | NO GAMES | NO GAMES | NO GAMES | GOOD FRIDAY | |
| Friday, 14 April 2023 | NO GAMES | NO GAMES | NO GAMES | GOODTRIDAT | |
| Friday, 21 April 2023 | SCH | SCHOOL HOLIDAYS | | | |
| Friday, 28 April 2023 | 5 | 4 | 5 | | |
| Friday, 5 May 2023 | 6 | 5 | 6 | | |
| Friday, 12 May 2023 | 7 | 6 | 7 | | |
| Friday, 19 May 2023 | 8 | 7 | 8 | | |
| Friday, 26 May 2023 | 9 | 8 | 9 | | |
| Friday, 2 June 2023 | 10 | 9 | 10 | | |
| Friday, 9 June 2023 | NO GAMES | 10 | 11 | | |
| Saturday 10th, Sunday 11th | | | | QUEENS | |
| and Monday 12th June | NJC - WEEKEND | | | BIRTHDAY | |
| Friday, 16 June 2023 | 11 | 11 | 12 | | |
| Friday, 23 June 2023 | 12 | 12 | 13 | | |
| Friday, 30 June 2023 | SCH | OOL HOLIE | DAYS | | |
| Friday, 7 July 2023 | | | | | |
| Friday, 14 July 2023 | 13 | 13 | 14 | | |
| Friday, 21 July 2023 | 14 | 14 | 15 | | |
| Friday, 28 July 2023 | 15 | 15 | 16 | | |
| Friday, 4 August 2023 | 16 | 16 | 17 | | |
| Friday, 11 August 2023 | 17 | 17 | 18 | | |
| Friday, 18 August 2023 | 18 | 18 | FINALS | | |
| Friday, 25 August 2023 | FINALS | FINALS | FINALS | | |
| Friday, 1 September 2023 | FINALS | FINALS | FINALS | | |
| Friday, 8 September 2023 | FINALS | FINALS | GRAND FINAL | | |
| Friday, 15 September 2023 | GRAND FINAL | GRAND FINAL | | | |
| Friday, 22 September 2023 SCHOOL HOLIDAYS | | | | | |
| Friday, 29 September 2023 | 3611 | | | | |



















COACHES ROLES & RESPONSIBILITIES

As the coach of a representative team there are many different things that need to be achieved. Each representative coach is to set rules and their expectations for the team.

Obviously with expectations and philosophies will vary from team to team depending on level of competition. Each coach is to

- Attend all team practices and games
- Be positive and respectful to all athletes
- Motivate the athletes and challenge the athletes to compete
- Develop individual skill sets as well as team
- Develop a training plan for every session
- Develop a competitive and enjoyable environment for the athletes
- Select a balanced and competitive team
- Abide by the Waverley Falcons coaches booklet
- Act professional while representing the club

Representative basketball is very different to domestic basketball where all athletes are to earn court time from week to week. This is where training attendance comes into play.

Please remember that all coaches in our club are Volunteers and doing their best to develop all players on their team.

Again, any concerns that can't be resolved by coach or team manager, contact the coaching director.

All coaches must wear Falcons apparel while coaching on game day





















SPONSORHIP

WBA is a non-for-profit organisation, as such we rely on our community's support. If you or your business would like to enter a partnership agreement with WBA, please email Claire Palioyiannis for more information claire.palioyiannis@waverleybasketball.com

WAVERLEY SKILLS ACADEMY

This season our Director of Coaching and Development Manager Elias Palioyiannis will be running an exclusive Academy for Falcons athletes who wish to further develop their skills sets. Elias a wealth of experience coaching Juniors and is also currently our NBL1 South Men and Women's coach.

More information to come soon.

*Please note: This program comes with additional costs

CONTACT US

All administrative questions can be directed to Coaching Director / Development Manager:

Elias Palioyiannis

Waverley Basketball Association P.O. Box 592 Mount Waverley 3149

Phone 9807 9814 Mobile 0412 544 018

elias.palioyiannis@waverleybasketball.com





















USEFUL WEBSITES

Waverley Falcons: http://www.waverleybasketball.com

VC, VJL and Regional: Victorian Junior Basketball League 2022 grades for Victorian Junior

Bas | PlayHQ

Basketball Victoria: http://www.basketballvictoria.com.au

















