



## **UNDER 8/10/12 ZONE DEFENCE RULE**

### **JUNIOR DOMESTIC COMPETITIONS**

Waverley Basketball Association has decided to adopt a Zone Defence Rule. This rule is used widely throughout basketball competitions and varies from one association to another. Waverley will implement this rule to our Under 8's, Under 10's and Under 12's Junior Domestic Competitions in the manner outlined below.

#### **Definition- Zone Defence (taken from the 2009 BA Zone Buster Manual)**

Any defence played in the half court which does not incorporate normal man to man defensive principles shall be considered to be a zone. More than one player is not in an acceptable man to man defensive position in relation to the player they are guarding and the player with the ball.

#### **The rule will be implemented as follows:**

- During the first half both teams must play Man to Man defence (unless the mercy rule has been implemented in the first half). In the second half either team can adopt whichever defence they choose.
- All players are expected to be moving around the court in defence where appropriate
- If a team appears to be playing a zone defence then it should be brought to the attention of the referees in a polite manner.
- Referees are to remind the offending coach they are to play man to man defence.
- Any consistent and deliberate breaches of this rule should be brought to the attention of Waverley's Referee Advisor, Adrian Schruhm.